

# BEVERAGES

12 oz      16 oz

JULIUS MEINL COFFEE

1.70      2.05

CAFE AU LAIT

2.20      2.60

AMERICANO

2.20      2.60

CAPPUCCINO

2.90      3.60

LATTE

2.90      3.60

HOT CHOCOLATE

2.70      3.20

SINGLE      DOUBLE

ESPRESSO

1.70      2.00

ESPRESSO MACCHIATO

1.80      2.05

**ADD FLAVOR**

**+ .75 each**

Vanilla, Sugar-free Vanilla, Hazelnut, Caramel, Sugar-free Caramel

**CHOICE OF MILK**

Nonfat, 2%, Whole, Almond, Half & Half

**PACKAGED JULIUS MEINL COFFEE**

250g      **6.75**      500g      **12.75**



701 BROADWAY, WESTWOOD NJ

201-497-5900

WWW.PULSEFITNJ.COM

**Cafe Hours:** Monday - Friday: 6am - 8pm Saturday - Sunday: 7am - 3pm

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## PROTEIN SHAKES

12 oz 5.00

### CHOCOLATE, VANILLA OR CHOCOLATE & VANILLA COMBO

Blended with your choice of water or milk (whole, 2%, nonfat, almond) and ice

Shakes prepared with water are 160 calories and contain 20g of protein (pea protein isolate, cranberry protein, rice protein)

**Our protein powder is Vegan, gluten & dairy free**

44 oz bag of Chocolate or  
Vanilla Protein Powder

60.00

## PROTEIN SMOOTHIES

16 oz 6.00

### MORNING KICK START

Creamy and refreshing blend of orange juice, strawberries, bananas and vanilla protein

### FAUXCHATA HORCHATA

Rejuvenate your body and wake up your tastebuds with a boost of cinnamon A blend of sugar-free brown sugar cinnamon syrup, vanilla protein, almond milk and a dash of cinnamon

### CHERRY ALMOND DREAM

Dark cherries, almond milk, almond butter and vanilla protein

### ESPRESSO BLAST

1 shot Julius Meinl Espresso, choice of milk and chocolate protein

## SMOOTHIES

16 oz 5.50

### GREEN SMOOTHIE

Deliciously nutritious with vitamin rich spinach, kale, banana, mango and almond milk

### VERY BERRY SMOOTHIE

A blast of vitamin C from strawberries, blueberries, raspberries, blackberries, banana and almond milk

### BERRIES & CREAM SMOOTHIE

All the benefits of our Berry Smoothie with the added protein and calcium from Greek yogurt

### TROPICAL SMOOTHIE

A refreshing vitamin powerhouse full of delicious tropical ingredients like strawberries, pineapple, mango and coconut

### SUPERFOOD SMOOTHIE

Blueberries, kale and spinach add a vitamin blast, while Greek yogurt gives this drink a smooth richness.

Want an extra boost of protein?  
Add a scoop of our vegan, gluten free protein powder to any smoothie for a post workout recovery drink with amazing taste!

1.00

### BASIC ADD ONS

.50 each

Peanut butter, chia seeds, rolled oats, extra fruit, kale, spinach, honey

### PREMIUM ADD ONS

1.00 - 1.75 each

Dark cherries, fiber boost, daily greens boost, protein, almond butter, coffee, single shot espresso

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